### THE LIFEBOAT WALK

Peddars Way and Norfolk Coast Path Circular Route



#### 7.5 MILES | 2.5 HOURS SHORTER ROUTE 2.5 MILES | 50 MINUTES

Take a right out of the pub and head along Ship Lane for half a mile, passing hedgerows, flint cottages and red brick houses. You will reach a small village green with a bench in the middle. Take a left at the T-junction.

Continue walking down the lane with reedbeds to your left until you reach a sign on the bend pointing left to Peddars Way/Norfolk Coast Path. Make your way down the clear path and take the first left across a little wooden bridge.

Tread the path amongst the reedbeds for less than half a mile before reaching the end. You'll have far reaching views of the old harbour building.

Here, take a right and walk past the small car park, up the bank and through the gate to join the Peddars Way once more.

This path continues for roughly one mile before reaching a bench and 'Public

Footpath' sign. Here you can opt to take the shorter, 2.5-mile, route. If so, take a left turn along the footpath and continue following the path until it reaches the A149 in three quarters of a mile. You will then need to take a left and walk along the verge before reaching Staithe Lane. Here, turn left again before shortly reaching Ship Lane and The Lifeboat Inn on your right.

If you opt to undergo the longer walk, continue walking the Peddars Way & Norfolk Coast Path after reaching the bench with views across the marshes. One and a half miles into the walk the path will turn into a board walk through dunes, past Broad Water, and then take a turn through a small wood. Reach the other side and the path will change to gravel and sand once more.

Continue for another one and a half miles before the path begins to bend left. Peddars Way will be signposted left, and you need to follow the route marked clearly amongst Holme-next-the-Sea golf course. Watch out for balls!

After a gate, you'll find yourself back on the road. Head straight along Beach Road, past cottages and fields, until you meet the A149. There will be a white gate ahead of you and just to the right of this a little verge and footpath to follow. Continue for half a mile along the route between fields and then the path will take you left to meet the road, Peddars Way.

Take a left turn and walk a short distance before reaching a footpath on your right; signposted Ringstead Circular Walk. Follow this and reach an old road, Green Bank, that you will continue to follow for roughly one mile before it joins Thornham Road.

Continue straight to meet a T-junction onto Beacon Hill. Turn left and walk towards Thornham.

Upon reaching the A149 in the middle of the village, turn left past the cottages and then take a right turn onto Staithe Street, quickly followed by another right onto Ship Lane. You'll soon spot The Lifeboat Inn where refreshment awaits.

## AROUND AND ABOUT

Points of interest along the route

#### THE OLD HARBOUR



Thornham's harbour was supposedly popular with smugglers in the 19th century who would hide their contraband off the coast. Now all that's left is the picturesque coal barn featured in many iconic photographs of the area.



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